



Pre-Season Sessions 2022

Schedule as at 29/6/22

JULY 2021			
Mon	18th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Mon	25th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Sun	31 st	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad

AUG 2021			
Mon	1 st	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Thurs	4th	Net Session 7.00om - 9.00pm	Hornsby Stars Indoor Centre 1s/2s squad as selected (limited numbers)
Sun	7th	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad
Mon	8th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Thurs	11 th	Net Session 7.00om - 9.00pm	Hornsby Stars Indoor Centre 1s/2s squad as selected (limited numbers)
Sun	14 th	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad
Mon	15 th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Thurs	18th	Net Session 7.00om - 9.00pm	Hornsby Stars Indoor Centre 1s/2s squad as selected (limited numbers)
Sun	21 st	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad
Mon	22 nd	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Thurs	25 th	Net Session 7.00om - 9.00pm	CNSW Indoor - Silverwater Whole NDCC Squad
Sun	28th	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad

Mon	29th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
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SEP 2021			
Thurs	1 st	Net Session 7.00om - 9.00pm	CNSW Indoor - Silverwater Whole NDCC Squad
Sun	4th	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad
Mon	5th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Thurs	8th	Net Session 7.00om - 9.00pm	CNSW Indoor - Silverwater Whole NDCC Squad
Sat	10 th	Trial Match TBC	TBC As Selected
Sun	11 th	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad
Mon	12 th	S & C Sweat session 7pm - 8pm	Mills Park, Asquith Whole Squad
Thurs	15 th	Net Session 7.00om - 9.00pm	CNSW Indoor - Silverwater Whole NDCC Squad
Sat	17th	Trial Match TBC	TBC As Selected
Sun	18th	Nets and Field session 9am-12pm	Barker College Main oval Nets Whole Squad
Tues	20th	Nets and Field session 5.30pm - dark	Barker College Main oval Nets Whole Squad
Thurs	22nd	Nets and Field session 4pm - dark	Barker College Main oval Nets Whole Squad
		Net Session (particularly if weather poor) 7.00om - 9.00pm	Hornsby Stars Indoor Centre Numbers limited - as selected and depending on weather
Sat	24 th	ROUND 1 Operation 3-peat Club Champs starts!	As Selected